

RESOURCE TYPE: Individual Practice

TERRITORY: ALL

PURPOSE: To become a better alliances leader by reflecting individually after partnership meetings



JOHNS'S MODEL OF STRUCTURED REFLECTION

Chris John's model arose from his work in the Burford Nursing Development Unit in the early 1990's. He envisaged this model as being used within a process of guided reflection. His focus was about uncovering and making explicit the knowledge that we use in our practice. The framework uses five cue questions, which are then divided into more focuses to promote detailed personal reflection.

Cue Questions

1. Description of the experience

- Phenomenon – describe the here and now experience of the experience?
- Casual – what essential factors contributed to this experience?
- Context - what are the significant background factors to this experience?
- Clarifying – what are the key processes for reflection in this experience?

2. Reflection

- What was I trying to achieve?
- Why did I intervene as I did?
- What were the consequences of my actions for:
 - Myself?
 - The group?
 - The partnership?
 - How did I feel about this experience when it was happening?
 - How did the group feel about it?
 - How do I know how the group felt about it?

3. Influencing factors

- What internal factors influenced my decision making?
- What external factors influenced my decision making?
- What sources of knowledge did / should have influenced my decision making?

4. Could I have dealt with the situation better?

- What other choices did I have?
- What would be the consequences of these choices?

5. Learning

- How do I now feel about this experience?
- How have I made sense of this experience in light of past experiences and future practice?
- How has this experience changed my ways of knowing
 - Empirics – scientific
 - Ethics – moral knowledge
 - Personal – self awareness
 - Aesthetics – the art of what we do, our own experiences

Jasper M 2003 [Beginning Reflective Practice – Foundations in Nursing and Health Care](#) Nelson Thornes. Cheltenham